



Wellbeing with Focus

Learn your RealAge® today and join the Sharecare movement to grow younger at Adient.Sharecare.com.

Get Started Here



Have questions?

Call [855-430-9431](tel:855-430-9431) to learn more.

- **RealAge:** Reveal your body's true age, what affects it and how to grow younger.
- **Sharecare:** Get personalized insights and accountability to stay on top of your goals.
- **More resources:** Access more tools and support for getting and staying healthy.

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Before you download Sharecare, you must register from a Web browser on your computer or mobile device at adient.sharecare.com. Then, create your user ID and password to use when you sign in to Sharecare. Otherwise, you won't get the added benefits from Adient. Only employees who enroll in medical coverage and earn 500 points by November 30, 2022, are eligible to earn the premium reduction for the next plan year.